

Degree Requirement Checklist

3 year BPHE - Kinesiology Major Kinesiology and Applied Health

Suggested Course Map:

Year One - 30 Credit Hours

KIN-1101(3) Introduction to Kinesiology

KIN-1102(3) Introduction to Health

KIN-1601(3) Nutrition for Health and Wellness

BIOL-1112(6) Human Anatomy and Physiology*

RHET-XXXX(3) Academic Writing Requirement if required or Non-KIN elective*

6 credit hours Humanities Requirement (may use course that also fulfills Indigenous Requirement)*

6 credit hours of Non-KIN electives*

Year Two - 30 Credit Hours

KIN-2102(3) Pedagogical Theories and Models for Physical Activity and Sport

KIN-2104(3) Outdoor Recreation and Education

KIN-2105(3) Sport and Exercise Psychology

KIN-2202(3) Prevention and Care of Sport Injuries

KIN-2207(3) Physical Growth and Motor Development

KIN-2301(3) Human